

Our services encourage choice to achieve your goals and aspirations.

It is our mission to make independent living more enjoyable and empowering.



always care  
disability services

Live independently

We will always be there when you need us.

Our services for you include:

- assistance with daily living
- high care and specialty care
- assistance with shared living
- supported independent living
- Short Term (STA) and Medium Term (MTA) Accommodation & assistance
- transport and access to community activities/facilities
- community nursing for high care and complex needs
- privately paid services for self-managed NDIS & MAC packages.

## Community Nursing

We provide a range of community care nursing services including:

- 24/7 on call Registered Nurse
- medication and wound management
- diabetes management
- incontinence care management
- catheter & drain management
- colostomy & urostomy care management
- enteral feeding management.



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163-167 Kesters Road, Para Hills, SA 5096  
UL40, Level 2, 1341 Dandenong Rd, Chadstone, VIC 3148  
21 Owarra Blvd, Mount Duneed, Geelong, VIC 3127



Call 1300 ALWAYS

(1300 259 297)

info@alwayscare.com.au

We provide shared accommodation with support.



www.alwayscare.com.au

Independence



Quality of life

## Being able to live independently is an essential part of life.

At Always Care, we want everyone to experience a fulfilling and interactive life.



## We can help you get out of the house and back into the community.

Support services when you need them



You can choose to live in one of our supported independent living homes where we will match you with suitable housemates and also match you with suitable support workers, or we can provide support in your own home.

We help you develop and learn new skills and stay connected with community, family and friends. Support is offered 24 hours a day, 7 days a week with funding from the NDIS.

We can take care of those time consuming day-to-day household tasks. The bed-making, dusting and vacuuming, meals and washing up, shopping, laundry and ironing to name a few.

**At home, we will also provide you with your personal care services, community care nursing and social care services if you need them.**

Our group activities will support you to become more active within the community. Creating new friendships and building your confidence is an important contributor to your independence and well-being.

We know everyone has different needs, so our services are available 7 days a week or just when you need them. Group activities can range from those offered in-centre to others offered out and about in the community. The level of support we give you varies, depending on your individual medical support needs.

### Activities can include:

- going out to coffee, lunch, dinner and/or the movies
- arts and craft, cooking classes and much more
- basketball & other sports
- shopping or market trips
- festivals and concerts
- swimming and bowling
- functions.



To get out and about, you might need a lift. We can supply the wheels and if needed, a caring companion to share the outing.

If you're having a coffee, going to an AFL game, the gym, music lessons or any other activity, our support staff are happy to share and support your interests.

We are a culturally sensitive team that understands and respects the needs of different ethnic backgrounds in the community.

Be more independent, connect with others and make living more enjoyable.

We support, share & care!

